

GET ON TRACK

'Get on Track' is for 16-25s. It's a personal development programme that uses sport to give you the chance to get valuable training and volunteer opportunities. It has a proven track record in terms of leading on to future jobs.

Over a 16 session period each young person will be mentored by a team of Olympic, Paralympic, World and Commonwealth athletes. More than just a sports specific programme anyone can apply just by getting in touch. Ring to book in now or come along to one of our recruitments days.

'Get on Track' will include...

Sport Leaders UK Qualification

First Aid Qualification

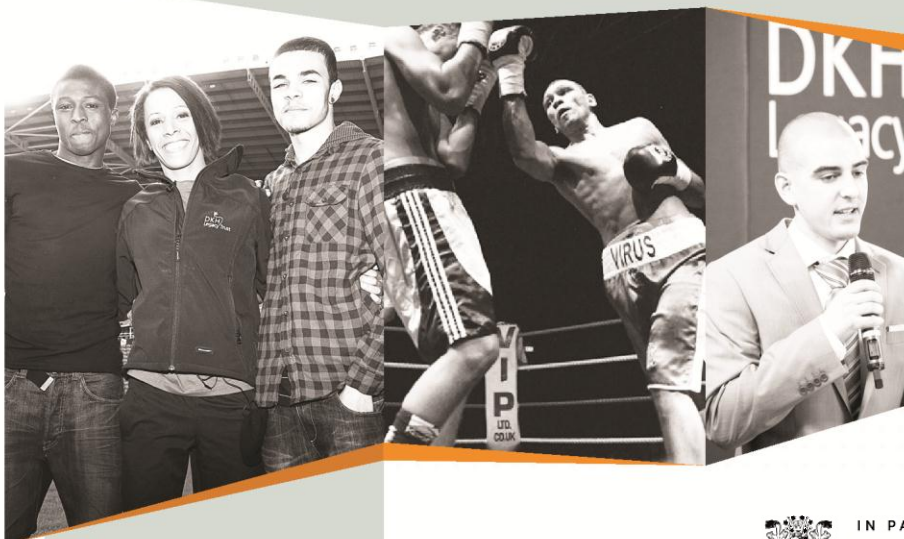
CV & Interview Skills

Work Experience

Confidence Building Activities

The whole Get on Track programme has been amazing. It's improved my confidence so much and given me experience of working as a team which I didn't have before.

Jamie Brooks, 22



Recruitment Days
Come along to find out more

ROCHDALE LEISURE CENTRE
Entwisle Road, Rochdale
Fri 15 August - 2pm-3pm & 3pm-4pm
Thurs 21 August - 2pm-3pm & 3pm-4pm
Fri 22 August - 2pm-3pm & 3pm-4pm

FOR FURTHER INFORMATION
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