# BE A HERO FROM HOME

# COVID-19 OPPORTUNITIES

## MANCHESTER KINDNESS STORIES

Although things are hard at the moment there's some amazing stuff going on. Macc are gathering stories about positive things that are happening in Manchester's communities during this time. You can support by gathering and submitting stories from your local area.

Click here to read more

#### **DIY MASK VOLUNTEERS**

The DIY Covid Mask project have designed a basic mask that anyone can make, to help supply key workers in your area with vital PPE to keep them safe. They are looking for volunteers to help find key workers in need of PPE, request a free pack of materials and to make the masks.

Click here to read more

#### **CARDS & POSTCARDS FOR CARE HOMES**

Leonard Cheshire's residential homes are closed to all but essential visitors and staff. Many residents are feeling lonely and are really missing having outside visitors. They are asking people to volunteer by sending a postcard or card to residents. It can be anything you like – a picture, a postcard or a message of support.

If you would like to get involved, please email <a href="mailto:supporter@leonardcheshire.org">supporter@leonardcheshire.org</a> with your postcode and they will give you the address of the home closet to you.

#### **COVID CALL**

CovidCall provides a free phone service for volunteers to provide local people in self-isolation with local advice and social contact. As a local volunteer, you can sign up for shifts to take calls.

Click here to read more

# **FUNDRAISING IDEAS**

Charities across the board are experiencing a <u>substantial</u> <u>drop in funding</u> from all sources: charity shops are closed, fundraising events cancelled, regular donor from direct debits down.

Small charities tend to have low levels of reserves so have less of a financial buffer to mitigate against sudden drops in income. Anything you can do safely from home to fundraise for small local charites will make a huge difference!

Here are some ideas about how you can get fundraising from home:

#### #TWOPOINTSIXCHALLENGE

The 2.6 Challenge can be any activity you like – from running 2.6 miles to holding an online workout with 26 of your friends (remember to follow Government guidelines on how to exercise safely).

Click here to read more

#### GAMING FOR GOOD

If you enjoy gaming and use platforms such as Twitch or Youtube, perhaps you could raise money for a charity of your choice whilst you play - inspired by the <u>Level Up for Shelter</u>

and Game Heroes for Macmillan campaigns.

#### DONATE YOUR COMMUTE/LUNCH

If you are working from home and can afford to spare the cost of your commute or your weekly lunches, consider donating what you have saved to a local charity.

#### **VIRTUAL QUIZ**

Consider hosting a virtual quiz online (such as on Zoom or Facetime) with your family and friends to raise money for charity. Make up your own questions or have a look at the many resources online for some ideas.



# VIRTUAL VOLUNTEERING

# GENERAL OPPORTUNITIES

### **ZOONIEVERSE**

Zooniverse is a platform for people-powered research, more that a million volunteers assist professional researchers accelerating important work and making a real difference. All you need is access to a computer, you don't need qualifications or a set amount of time. Projects cover a multitude of fields and roles can be anything from classifying galaxies to counting penguins to transcribing manuscripts.

Click here to read more

#### CITIZEN SCIENCE

Citizen science is the involvement of the public in research and is a great way to use your time at home, supporting research projects on topics you are interested in or care about most.

Click here to read more

#### MISSING MAPS

Help make maps to inform the relief efforts of organisations such as the Red Cross with Missing Maps. Volunteers use satellite images and a drawing tool to mark up buildings, rivers and roads in remote areas that may not have been mapped before. This helps organisations who are first to respond make more informed decisions about disaster relief.

Click here to read more

#### **HELP FROM HOME**

Want to volunteer in bitesize chunks without committing to anything regular? Then 'micro volunteering' could be for you. Check out the micro-volunteering website Help From Home, which lists hundreds of quick and easy ways for people to volunteer without leaving the house.

Click here to read more



#### THE MIX

If you are aged 18-25, you can get involved with online volunteering opportunities with The Mix. Roles include moderating online forums and supporting helplines.

Click here to read more

### SHOUT

Shout are looking for crisis volunteers - volunteers answer the Shout text line and text back and forth until the person experiencing problems is feeling calmer. This role requires 25 hours of online training over a six-week period before you can volunteer.

Click here to read more

## ARTS AND CULTURE

### **IWM VOLUNTEER**

As this year we are celebrating the 75th anniversary of VE day you may want to take a look at the Imperial War Museum's remote volunteer opportunities. You can help them remember and reveal the stories of those who fought through transcribing war diaries and recording the names on war memorials.

Click here to read more

### **READING NATURE'S LIBRARY**

Manchester Museum has a massive collection of over 4.5 million objects and they need your help recording the information. The labels and objects contain a treasure trove of information that can help answer the fundamental questions about our world and the people that live in it.

Click here to read more



# VIRTUAL VOLUNTEERING

# MORE OPPORTUNITIES

#### **AMNESTY**

Amnesty are looking for decoders - a global group of volunteers helping Amnesty International researchers sift through pictures, information and documents using their computers and phones, with an aim to expose human rights violations.

Click here to read more

#### **BE MY EYES**

Be My Eyes is an app that connects blind and low-vision people with sighted volunteers to support with them with a range of tasks.

Click here to read more

#### **UNITED NATIONS**

The United Nations Online Volunteering programme allows organisations and volunteers from around the world to team up to address sustainable development challenges. You get involved in opportunities in fields such as research, project management, translation, technology and much more.

Click here to read more

# NATURE AND ANIMALS

## **RSBP**

The Royal Society for the Protection of Birds are uploading opportunities daily of how you can support from home, including feeding wildlife in your garden.

Click here to read more

## **ZOOLOGICAL SOCIETY OF LONDON**

ZSL's Instant Wild empowers you to take part in vital conservation work by bringing you live images and videos from amazing locations all around the world for you to identify. You don't need any special expertise to take part, simply sign up and start tagging the animals in the images!

Click here to read more

## **FOREST RESEARCH**

You can help build an urban canopy cover map for Britain to guide tree planting at this time of climate emergency.

Click here to read more

### **GARDEN BIRD WATCH**

Stay connected to nature, learn about your garden wildlife and contribute to important scientific research without leaving your home.

Click here to read more

