



Meeting with John Sainsbury, Service Manager – Early Intervention Psychosis Service (EIS) and voluntary and community groups

8 September 2014 at Macc

Present: John Sainsbury Service Manager of EIS , Jane Dewar Homestart Manchester South, Georgina Jones Caritas Diocese of Salford, Kay Welsh Homestart Manchester South, Helen Walker SVHA, Adele Travis SVHA The Manchester Foyer, Joanne Muccio St Mary's Sexual Assault Referral Centre, Erica Splawnyk Care for the Family, Osyp Splawnyk Care for the Family, Dawn Warriner Manchester City Council, Heather Markin Save the Children, Carol Packham WRYOA, Caleb Jackson Enthusiasm Trust, Beth Plant Macc, Pauline Clark Macc, John Butler Macc..

Apologies: Shelley Byrne Homestart Manchester North, Mandy Pollitt YPSF, Lucy Rolfe LGF, Sinead O'Connor YASP.

Purpose of Meeting

1. VCS groups to learn more about EIS Service and what it does.
2. EIS Service to learn more about what services the VCS provides and how it can refer to them.

EIS Service Overview

- The service is for 14- 35 year olds with a first episode of psychosis lasting for a period of at least a week. There is a 3 year treatment pathway.
- It is a commissioned service delivered by Rotherham Doncaster and South Humberside NHS Trust by the Mental Health City Wide Commissioning TEam
- It takes an assertive outreach approach with a psychosis focus. It is delivered by psychologists.
- There is an Extended Assessment Pathway – and people may present with a range of complex issues such as drugs/alcohol, brain injury which require a detailed assessment.
- They also have a hearing voices group which provides peer led support..

Questions by attendees: Is incidence of psychosis going up? - Yes

Question: By what percentage? This is at present unknown and stats not clear.

Question from John Sainsbury: How can EIS work more closely with VCS? How can it find out what's out there?

Suggestions

- Use the [Family Services Directory](#)



- Create networking events.
- Events to raise awareness such as Market Place/ networking event for services to showcase public sector and VCS, build relationships and develop networks in the area.
- Youth Groups need support and training around mental health issues. **Question:** The way forward?
- Many VCS groups are operating at full capacity and have waiting lists so if CAMHS want to make more use of the VCS this would need planning and resources.

Other Points Raised

People having individual budgets which could be used to purchase VCS services – where could they go to find this?

Individual budgets and spot purchasing are difficult for the VCS to engage with and raise serious questions for the sustainability of the sector.

Going Forward:

- John to talk to his team and consider what gaps they think there are at the moment for support services/ community services and Macc will support the EIS team to make links in these areas.
- John to discuss with wider CAMHS services whether there is interest in a networking/ marketplace event for VCS and public sector services.

John Sainsbury's Contact Details:

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