

Manchester Community Central Quarterly News

Issue
March 2016

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Supporting our
Voluntary and
Community
Sector



Spirit of Manchester

**Would you like to raise awareness of your organisation?
Celebrate your community and the work you do together?
Recruit new supporters, volunteers and funds?**

Our annual Spirit of Manchester programme is a week-long celebration of the work of thousands of voluntary organisations, community groups, charities and social enterprises in Manchester. **This year Spirit of Manchester will run from 1 October – 10 October 2016.**

We believe it's important to recognise, support and encourage volunteers and local voluntary action. The programme includes a **Festival of events across the city** organised by local groups. The highlight of the week is the **Spirit of Manchester Awards** in which we recognise examples of great community spirit and all that's best about the voluntary sector. We want to raise the profile of the sector amongst the general public and encourage local giving and active citizenship.

Now approaching our fourth year, the Spirit of Manchester continues to grow with more and more organisations getting involved to celebrate the fantastic work happening across the city and acknowledge the dedicated staff and volunteers that make the voluntary community and social enterprise sector in Manchester what it is today.

You can get involved through a number of ways, see page 2.

Spirit of Manchester Awards 2016 - open for nominations



Spirit of Manchester Awards 2016

6 October 2016

The Spirit of Manchester Awards is a series of awards celebrating and highlighting all the excellent work being carried out in Manchester's voluntary and community sector. As well as providing recognition to the sector in these hard times, we want to raise the profile of the sector amongst the general public and encourage local giving and active citizenship.

Award categories include:

- Volunteer of the Year
- Volunteer involving organisation of the year
- Volunteering team of the year
- Equalities award
- Business citizenship award
- Best service user involving organisation
- Most successful campaign / innovative project
- Best partnership initiative / collaboration
- Health and wellbeing award
- Best Community Space
- Contribution to the sector

Nominations for the awards are now open until 30 April 2016.

Nomination forms can be completed online by visiting the Spirit of Manchester website page: <http://bit.ly/1pBelw6>



If you require a hard copy of the nomination form please email: info@mcrcommunitycentral.org

Spirit of Manchester Festival 2016



1 – 10 October 2016

Could you run a festival event?

During the run up to the awards ceremony the festival plays a huge part in the celebration of the sector. We encourage all of Manchester's VCSE sector to get involved by holding an event(s) to showcase your organisation and raise awareness for any support needs.

Examples of previous festival events include art exhibitions, fun-days, coffee mornings, cycling sessions, bake-offs, dance classes to name a few.

Anything goes with festival events – the idea is that these should all be small events on a 'pass the hat' basis asking people to donate to the charity or community group in return for the entertainment they've enjoyed.

All we ask is that you let us know what you are doing so we can publicise it on our festival calendar and you use our **#SpiritofMcr16** to help spread the word.

Resources and ideas for events can be found on the Spirit of Manchester webpage.



Support the Awards

We support:



Spirit of Manchester Awards 2016

There are various ways that you can become a supporter of the Spirit of Manchester – you could sponsor an award, be an event supporter, donate a prize to our raffle, volunteer your time or simply make a donation, details on how you can get involved can be found here <http://bit.ly/20LG6Ho>

If you would like to discuss the opportunity to become a supporter please contact us on 0161 834 9823 or at info@mcrcommunitycentral.org

Spirit of Manchester fund



Spirit of Manchester Fund

The first £1000!

Macc is pleased to announce the first round of a new mini-grants programme we're creating to form part of our annual Spirit of Manchester initiative highlighting and celebrating all the excellent work being carried out in the city's voluntary, community and social enterprise sector that benefits our local communities.

At the last Spirit of Manchester Awards event in October 2015, we raised £1000 on the night and now it's time to give it away! Macc will be making grants of up to £250 available to make a positive impact in North Manchester.

Please contact Oliver Cranfield on 0161 834 9823 if you have any questions.

More information can be found on our website: <http://bit.ly/1L8yjic>

**Deadline for applications:
18 March 2016, 4pm**

To make a donation please visit: <http://bit.ly/1PEVvxH>

Keep updated and help us spread the word

Regular updates will be available through the following:

Twitter: [#SpiritofMcr16](https://twitter.com/SpiritofMcr16)

Facebook: <http://on.fb.me/1S5dtU2>

Website: <http://bit.ly/SpiritofMcr>

Chief Executive's update



I imagine most of us who work in the voluntary and community sector have been repeating those conversations with family and friends about "charities" which we all get from time to time. Is "charity" too like a business or not enough like a business? Shouldn't it all be voluntary or should staff be paid? Does spending on administration mean the money is not being spent on the cause? Fundraising practices, CEO pay, campaigning, etc. Certain

parts of the media seem determined to keep pushing hostile stories about the sector – poor practice by some organisations which is being used as a stick to beat the rest of us with. It's not hard to see that this is mostly aimed at big national charities (generally based in London) and that it's far more of a smear campaign than balanced reporting. I'm fiercely proud of our sector and while public scrutiny is a good thing, some of the wilful ignorance on display in comments, articles and reports I've seen lately would be laughable if it wasn't so mean-spirited. Faced with more demand and less resources, our sector is working amazingly hard on virtually every aspect of life in this country: often working in precisely those spaces where other sectors can't, won't or shouldn't.

But it would be wrong simply to ignore these stories. We should have answers ready and accept that some criticisms are justified. I've seen appalling fundraising practice – it's hard to avoid. I think that the root of this is where the pursuit of the charitable objects leads organisations to be territorial where they should be collaborative, to focus on what they do and forget that how they do it is just as important – in just the same way as business is at its worst when it focuses solely on the profit margin. I've always believed charities should not just be about getting the best results but also about showing the best ways of working. We should be great employers, collaborative partners, fair and honest speakers *and* make a difference.

That's the sort of thing I've always tried to do at Macc. It's an ongoing effort: when there's no time to think and deadlines to meet, the quickest option usually appears the most attractive but it's rarely the right one. Does that sound familiar to you?

Last year we made some very difficult decisions following funding reductions and we said goodbye to some colleagues. Not easy to do but it's put us in a much stronger position and enabled us to make some changes: you'll see we've got some great new members of our team. This year also sees us starting to think about how our role in the city is evolving. With our Volunteer Centre having successfully attained national accredited status, we can build on our achievements of the last few years and build new ways to make more great things happen in the city. We're looking at a new plan for Macc as a "civic foundation", we're about to give out our first £1,000 of funding we've raised through our Spirit of Manchester programme. There are exciting new relationships with businesses, new projects around Community Assets, growing involvement in the transformation of health and social care as Devolution evolves and later this year we'll be updating our State of the Sector research to show the sheer wealth of organisations, talent, skills and resources there are in our sector. So I think that's the best way for our sector to respond to the media attacks: get on with being the best you can, making the biggest difference and tell people about it.

Volunteering news

Short interviews and Vox Pop for Volunteer Centre Manchester about volunteering...

“Volunteer Centre Manchester provides information, support and training to Manchester residents who want to volunteer. Whether you are looking to lend a hand on a one off basis or for a longer period of time, Volunteer Centre Manchester can bring you the most current selection of opportunities across Greater Manchester and assist with your application.”



Volunteer Centre Manchester are keen to develop a series of short videos and audio pieces/vox pops that showcase the experiences, stories and journeys of established volunteers in Manchester; to give an insight into how volunteering has had a positive impact on their lives. This is also an opportunity to inspire others who are looking to volunteer and to reflect the tireless work and efforts of volunteers in Manchester.

If you have any volunteers at your organisation that have been inspirational and would like to share their stories, please let us know.

We are happy to carry out interviews with volunteers at our City Centre offices or at a number of different locations across Manchester (charity shops, community centres, canals, rivers and conservation sites, sporting venues etc).

We are also looking for Volunteer Coordinators that would like to go on camera to share their stories of how important volunteers are to their organisation too. If that's you, let us know!

If you'd like to know more or can offer your support, please contact: jack@macc.org.uk or barkery@macc.org.uk or alternatively, ring us on 0161 830 4770.

You can read more about Volunteer Centre Manchester at: www.volunteercentremanchester.co.uk



Calendar of events

We are putting together our new calendar to highlight important events, seminars or fairs taking place in our sector over the coming year. If you have any dates that cover these areas and would like to have them included into the calendar for all to see, please get in touch at: info@volunteercentremanchester.co.uk and we will be happy to list them!



Volunteers' Week - 1-12 June 2016

Volunteers' Week is a chance to be part of the UK's biggest celebration of volunteering, recognising the contribution of 23 million people who volunteer in their communities across the UK.

Get involved

Find out more about getting involved in Volunteers' Week on the Volunteers' Week website: www.volunteersweek.org. This includes information on events taking place locally, and resources and support to help run your events.

To coincide with Volunteers week, Volunteer Centre Manchester will be holding our very own volunteer reward and recognition event. We welcome your input on how we can make the event a success for everyone involved and will be in touch soon.

Watch this space!

Capacity building support agreement

Macc's Capacity building team is here to support organisations in the City of Manchester. Like many other organisations in the City we have experienced funding cuts and as a result the Capacity Building Team is now smaller than it was. We currently have a waiting list for support of between 2-4 weeks. So in order to ensure that we can continue to support as many organisations as possible we are making some changes to our service.

We are introducing a Capacity Building Agreement. Through the agreement we are able to offer organisations working in Manchester up to 7 hours free support in a year (the year starts from the date of your first contact for support).



This support includes email / telephone support, provision of resources and tools, signposting, face to face meetings or facilitated group sessions.

Some groups will not need the full 7 hours of support, but if an organisation needs more than 7 hours support this can be negotiated following the initial support offer dependent on capacity available within the Macc team.

We are also offering more group / workshop sessions as an alternative to 1:1 support, this has the added benefit of bringing groups facing similar issues / journeys together to share experiences.

We'd like to say a big thank you to all those groups who responded to the recent Macc survey and gave feedback on changes to the Capacity Building service in light of funding reductions. Please be assured that we do want to talk more with you about this, and that the changes outlined above are so we can manage current demand whilst continuing to consult with organisations who use our service.

The Capacity Building team

We're here to support voluntary, community and social enterprises in the City of Manchester. We have extensive experience and knowledge of the sector.

How can the team support me?

If you're looking to develop your organisation get in touch. Just a few examples of the type of support we can give are: support to develop your constitution, applying for funding; what to consider when taking on a building. We try to respond to queries quickly, and where appropriate, we may first direct you to make the most of the resources and information on our website. For more in depth support, it may be 2-4 weeks before we can arrange a 1:1 appointment or workshop session.



Feedback from groups who've used our service:

'All our questions have been answered and made sure we understood every step.'

'Quick response able to speak by phone and also to access info on the website lots of guidance on the website.'

'Once completed the Governance support will be crucial to our organisation and enable us to move forward with clear guidelines.'

'Makes us feel less isolated. We're a small group and can't manage everything without external expertise.'

'Immensely strengthen our confidence, and help us develop a firmer foundation and kept us focused.'

'We are now much clearer about what legal structure suits our organisation, charitable aims and the next steps...We are now ready to register with the Charity Commission and progress it further.'

Introduction to Community Asset Transfer

This is an introductory workshop aimed at members of voluntary and community organisations who are thinking about or looking to take on a community asset.



Date & Time: Tuesday 22 March 2016, 10am-1pm
Venue: Macc, Swan Buildings

The session will give attendees an understanding of the history of community asset transfers, an

overview of what a community asset transfer is alongside offering hints and tips on good practices and the do's and don'ts to consider.

The workshop will focus on asking attendees the following questions:

- **Are you sure?**
- **Are you ready?**
- **Can you afford it?**
- **Can you manage it?**
- **Can you plan it?**

This workshop will be interactive and delivered by members of the Macc Capacity Building Team.

Cost: £10 for Macc members, £30 for non-members

For further information and to book visit: <http://bit.ly/1PEDloY>, or contact Cheryl, on 0333 321 3021, or email: training@mcrcommunitycentral.org

Training Needs Analysis

It's that time of year when we ask the local VCSE sector to tell us about their training needs.

Manchester Community Central Training Needs Analysis 2016

Welcome

Hello and welcome to the 2016 training needs survey on behalf of Macc, Manchester Community Central and Volunteer Centre Manchester.

All the results will assist us in assessing needs, understand the barriers faced and identify common training trends which will influence our training offer to members of voluntary community sector organisations.

Please answer as many of the questions possible.

The survey should take no more than 10 minutes to complete.

If you require any assistance please call Manchester Community Central on 0333 321 3021.

Thank you for taking the time to complete this survey.



Macc believes that workforce development is important and primarily about recruiting and developing staff, trustees and volunteers your organisation needs to help it achieve its objectives. It is about providing staff and volunteers the skills, knowledge and support they need to perform their roles to the best of their abilities.

Investment in the workforce is necessary to make sure that everyone keeps up to date with new ideas and ways of working. Money and time are always hard to find and it is easy to think of reasons why training may not be at the top of the agenda however the long-term cost of not training staff, trustees and volunteers can be much greater than the short-term cost of doing so.

The regular assessment of the training needs has previously influenced the training offer from Macc and will continue to do so during 2016.

Training needs identified can be specifically for your organisation, trustees, managers, staff or volunteers. We are keen to hear what you look for in training, what factors influence you when choosing training and what is your ultimate training wish list?

The questions in the 2016 survey are similar to those asked in previous years with the intention to compare the results and note any changes in the needs of the sector.

All responses remain anonymous and confidential.

Complete the survey here:

www.surveymonkey.co.uk/r/QHZJJKJ

As always, if you would like to discuss any training needs or if you are looking for support within your organisation to access training – please do get in touch on 0333 321 3021, or email:

training@mcrcommunitycentral.org

Your help and assistance is very much appreciated – thank you in advance for completing the survey.

Training coming up



Community Development - 16 March, 10am-1pm

Community development approaches are once more becoming popular as public authorities seek to get more for less through encouraging communities to take on new and greater responsibilities.

Book here: <http://bit.ly/1Qx6Kz9>

Introduction to Community Asset Transfer - 22 March, 10am-1pm

An introductory workshop aimed at organisations who are thinking about or looking to take on a community asset.

Book here: <http://bit.ly/1Qx6Kz9>

Committee and Meeting Skills - 21 March, 10am-1pm

This workshop is specifically for those who are new members to a committee or for those who would like to brush up on their skills at meetings.

Book here: <http://bit.ly/1M2vf3m>



HMRC seminar - 28 April, 10am-12pm

An opportunity to ask the experts.... a free seminar hosted by Macc and delivered by representatives of HMRC. This seminar is a real opportunity for members of VCSE sector organisations to ask questions of the experts and gain the answers directly from HMRC staff.

Book here: <http://bit.ly/21VhzQK>

Social Media Surgery - 24 June, 12.30pm-2.30pm

Social media surgeries are informal drop-in sessions where anyone from the voluntary and community sector can come and pick the brains of our 'surgeons' (helpful volunteers who understand the world of Twitter, Facebook and the rest).

Book here: <http://bit.ly/1OXn9su>

Manchester Afghan Women's Association

Manchester Afghan Women's Association (MAWA) is a newly formed group which aims to support Afghan women living in Manchester for them to grow in skills and confidence as well as help their children.

MAWA has already started a Dari and Pashto language school on Saturdays for school aged children at Beswick library to give them the skills to be able to learn their language and culture. Mothers can also meet and socialise there while the children are learning. The group hope to widen their activities once this first project gets fully established.

- Ensure they have the right policies and procedures in place and how to use and embed these in the running of the organisation.

In addition to face-to-face meetings, email and phone support, the group have also attended an informal session which helped them to gather and prioritise their ideas in a manageable way. MAWA is now looking at applying for small pots of funding to run its activities, in particular, the language classes.



An organisational development worker is currently supporting MAWA with governance to:

- Help the trustees understand their roles and responsibilities and best practice
- Ensure the governing document is fit for purpose
- Manage any conflicts of interest

“MAWA has found the advice and guidance given to them by Macc invaluable. We wouldn't have been able to do this without the help of Sarah. Thank you, Macc!”

Policy and Influence news

Welcome to new staff

We recently welcomed new members to our Team:



Oliver Cranfield – Grants Development Worker (Maternity cover)

I started work at Macc in January 2016 and after 19

February I will be covering for Anna Tate whilst she is on maternity leave. In my role as Macc's Grants Development Worker I am mainly working on two grant programmes for voluntary and community groups:

Reducing Social Isolation and Loneliness in Older People, the projects in this programme are set to complete by the end of March 2016.

Mental Health and Wellbeing of People with Long-term Conditions, which is in development and further announcements are to be made later in 2016.



Allison Foreman – User Involvement Worker

I'm delighted to join the team at Macc in my new role, building upon the good work that's been developed

to champion the voice of service users. Prior to coming to Macc I've had the privilege of working with people in the area, most recently, Greater Manchester Pay and Employment Rights Advice Service, Carers' UK, and Cheshire East Citizen's Advice Bureau to build

campaigns, assert rights, challenge inequality, and influence policy and services. I'm looking forward to sharing my experience with groups (currently Manchester Mental Health Charter Alliance and the Greater Manchester Older People's Network) that are working to ensure service users' voice is central to the development of services, organisations and policies affecting their lives.



Claire Tomkinson – Wellbeing Development Lead (Team Leader)

I'm the Wellbeing Development Lead at Macc and the Policy and Influence Team

Lead. My role involves looking at the impact that the VCSE sector has on health and wellbeing and I have a strong interest in using creative ways to enable individuals and local communities to recognise and use the skills, talents and assets that are already available in communities but are often overlooked and undervalued. I have a particular interest in asset based approaches and Timebanking and I'm constantly inspired by the amazing gifts and talents that are being shared in local communities by people who are often placed in situations where they are made to be dependent upon professionals and services, when what they really need is already available within their local community.

Policy and Influence news

Policy and Influence at Macc - Informing, engaging, and connecting Manchester's voluntary and community sector to encourage creativity and bring about positive change



**Mike Wild, Chief Executive
GM Devolution**

I'm involved in the VCSE Sector Reference Group which has been established to take a lead on the sector's engagement in Devolution as it develops. This includes a number of leaders from across the sector in Greater Manchester. These are a mix of provider organisations, equalities groups, large and small organisations and infrastructure organisations. The aim of the group is to get our involvement in Devolution underway: it will develop over time and membership of the group will evolve so that it remains accountable back to the sector. We'll circulate information as the work progresses but in the meantime, there's some background on the Voluntary Sector North West website: <http://bit.ly/1RUoCo2>

Health and Wellbeing

Last Autumn we managed to arrange for a voluntary sector secondment into the joint Council and NHS team working on health and social care integration. Funding for this was organised by Council and NHS colleagues and we were lucky to be able to appoint two part-time secondees: Kate Macdonald from Young People's Support Foundation and Sian Payne from the LGBT Foundation. Since November, they have been working as part of the team to highlight the role and potential of the sector in health, care and wellbeing. At January's meeting of the Health and Wellbeing Board Kate, Sian and I gave a presentation on the sector's role in health and wellbeing. You can watch that on the webcast here: <http://bit.ly/1nCbnxw>

Children and Families

Our voluntary sector Leaders Group continues to meet with the Director of Children's Services regularly. With the new permanent Director soon coming into post, the new management team in Children's Services is taking shape. We're building relationships with the new team around the new Signs of Safety programme, the changes in safeguarding and, particularly the development of Early Help. Funding has been confirmed for a worker for the next 12 months to develop the sector's involvement in this. (Check the job advert on <http://bit.ly/1yEyhnT>)



Claire Tomkinson – Wellbeing Development Lead (Team Leader)

I'm thrilled to start the new role of Wellbeing Development Lead at Macc and will be the Policy and Influence Team Leader. The team went through a period of change in 2015 and we sadly lost a number of staff who had worked for Macc for many years. I am fully aware of the fantastic work and commitment made by these ex-employees and as a team moving forwards we are committed to ensuring that the same high standards are maintained.

A key area of work for me will be looking at how the VCSE sector impacts upon peoples health and wellbeing and developing innovative and asset based approaches to making the most of what is available within the community and has such a positive impact on people's lives. This includes VCSE organisations but also recognises the important role that people and communities play in making things happen.



Nigel Rose, Strategic Lead Commissioning

The Way Forward

I have been working with a sub-group of Manchester's Voluntary Sector Assembly (VSA) to develop "The Way Forward", a set of proposals developed by and for the voluntary sector, to maintain and increase the effectiveness of our sector. At December's VSA, Fergal McCullough from The Men's Room presented the proposals.

Carers Network

In partnership with Manchester City Council I have facilitated a set of workshops with carers organisations in the city to help start a network that will share good practice, develop new initiatives and bring in new funding.

New Workshops

Over the last 3 months, I have developed and run 2 workshops in response to policy initiatives in Manchester. The first is an exploration of what co-production means and how to put it into practice and the second is an introduction to community development skills and methodologies.

Policy and Influence news

Policy and Influence at Macc - Informing, engaging, and connecting Manchester's voluntary and community sector to encourage creativity and bring about positive change



Allison Foreman, User Involvement Worker

I'm delighted to join the team at Macc in my new role, building upon the good work that's been developed to champion the voice of service users.

Prior to coming to Macc I've had the privilege of working with people in the area, most recently, Greater Manchester Pay and Employment Rights Advice Service, Carers' UK, and Cheshire East Citizen's Advice Bureau to build campaigns, assert rights, challenge inequality, and influence policy and services.

I'm looking forward to sharing my experience with groups (currently Manchester Mental Health Charter Alliance and the Greater Manchester Older People's Network) that are working to ensure service users' voice is central to the development of services, organisations and policies affecting their lives.



Pauline Clark, Policy and Influence Worker

My role in the team is to support other workers, plan and organise the logistics for events such as the Voluntary Sector Assembly and other meetings as well as admin based activities.

I regularly send out information to the sector via email and tweets.

Most recently I have been supporting the Charter Alliance Steering Group members who are service users of mental health services at meetings by taking the minutes.

I am really pleased to welcome the new members to the team and will be working alongside all of them but in particular with Allison Foreman with the continued support for the Charter Alliance Group.



Anna Tate, Small Grants Development Worker

As Macc Grants worker, I have been involved in facilitating the Reducing Social Isolation and Loneliness funding and the Community First funding programmes. I am due to start maternity leave on Monday 22 February and I am delighted to introduce Oliver Cranfield, who will be taking over support for the Reducing Social Isolation and Loneliness funding programme.

Oliver will also be involved in the forthcoming Sprit of Manchester funding and the new mental Health and wellbeing funding programme, which is funded through the three Manchester Clinical Commissioning Groups.

Information about these funding programmes will be available on the Manchester Community Central website or contact Oliver on 0161 834 9823. It's been great working with you all. See you in 2017.



Oliver Cranfield – Grants Development Worker (Maternity cover)

Thanks to Anna for providing a supportive welcome to my working at Macc.

My background is that I lived in Greater Manchester up until I was 24 when I moved to Cornwall. It is there I began working in public sector economic development and regeneration.

I returned to live in Greater Manchester in my late 30s and began at Macc in January this year. I am excited to be working on Macc's grants programmes and also encouraging shared knowledge, learning and constructive relationships between grant makers and the voluntary sector. I look forward to meeting and working with lots of organisations locally.

Local news and events



Are you looking for a challenge in 2016? Would you like to do something to support young people in Greater Manchester at the same time?

Apply for a place now and be part of Manchester's Greatest Run on Sunday 22 May!

Join the Greater Manchester Youth Network's Team (GMYN) for only £10 registration fee and pledge to raise a minimum sponsorship of £250 to help to continue their work to transform the lives of disadvantaged young people.

You won't be alone in your fundraising efforts – GMYN staff members are also signed up and will be running alongside you!

For more details, visit: www.gmyn.co.uk/cm/support-gmyn/sports-events, or contact Emma, on 0161 274 3377 or email: emma.gedzielewski@gmyn.co.uk



A safe, friendly and supportive place for Lesbian, Gay, Bi and Trans People who have a learning disability.

Share feelings, talk about fears, or issues.

Make new friends – it's free, friendly and fun

The group meets every third Monday, 6.30pm-8.30pm at LGF, 5 Richmond Street, Manchester, M1 3HF

For more information, contact Brenda on 0161 728 7616.

Basic IT Training for over 50s

Manchester Congolese Organisation (MaCO) is running basic IT training for over 50's at St. James Park Centre, 95a Princess Road, Moss Side every Saturday from 12.30pm to 3.30pm.

The use of IT equipment and one to one session is also available during the week from 10am to 4pm.



Do you want your news / event included?
Let us know by emailing:
info@mcrcommunitycentral.org

Living with and beyond Cancer Support Group

The group has been meeting for two years and new members are always made very welcome. Everyone has had cancer or is living with the condition. There is a lively chat each time on a different theme with everyone sharing and learning from each other.

The group meets in the Post-Graduate Centre at North Manchester General Hospital at 10am-12noon.

Future dates in 2016:

14 April 9 June
11 August 13 October
8 December

**WE ARE
MACMILLAN.
CANCER SUPPORT**

This is a partnership activity between the Macmillan Information and Support Services in Manchester City Council and The Pennine Acute Hospitals NHS Trust. For further information, contact Ali Davenport, on 0776 766 3099 or email: a.davenport1@manchester.gov.uk.

Peak District Challenge - 19 and 20 August 2016

The Peak District Challenge is an exciting trekking challenge based in the Peak District National Park (which can be walked or run).

Are you looking to raise funds for your charity whilst offering an exciting challenge to your supporters?

The Peak District challenge is open for anyone to join and fundraise for the charity of their choice.



Competitors are against the clock to try to complete one of the following challenges:

- Copper (25km starts 9.30am on Saturday 20 August)
- Bronze (50k starts 8.30am on Saturday 20 August)
- Silver (75k on the 9pm on Friday 19 August)
- Gold challenge (100k starts 9pm on Friday 19 August)

There is a staggered entry fee of £40-65 per person, depending on the challenge chosen, which the entrant should cover.

For more information, visit: www.peak-district-challenge.com, or email: nicola@peak-district-challenge.com



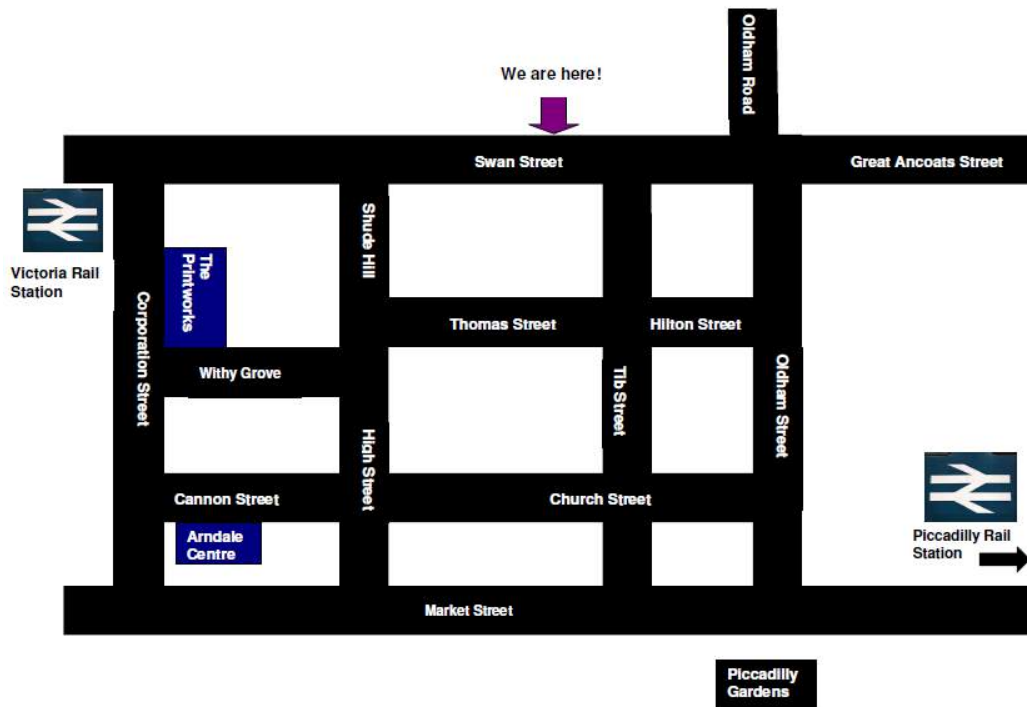
Get in touch



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Twitter: **@VolunteeringMcr**



Our funders:



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LOTTERY FUNDED



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