



Self Help

Two months on from the Spirit of Manchester Awards 2016, we spoke to Self Help to see how they are doing and what winning an award has meant for them...

Phil Girling from Self Help said:

“Winning a Spirit of Manchester award, has given us a new lease of life and fresh energy to our service user involvement. We’re determined to build on this success to make the development and decision making around our services even more co-productively excellent. Our last coproduction group (DONUTS) felt even more vibrant and engaged and it was great to celebrate our receipt of the Spirit of Manchester Award at this with service users, volunteers and workers. We also celebrated this award in our organisation’s newsletter, The Big News.



When our name got called out, it was a huge surprise! We felt shocked, excited, moved, and extremely pleased. It’s brilliant to have this recognition and validation of the excellent work that we’ve put into service user involvement and coproduction at Self Help. We’ve tried really hard to develop and improve our ways of making joint decisions collaboratively and coproductively with our service users, volunteers and workers. We know that it’s made a massive difference to the success of our work and it was great to see this acknowledged and celebrated.

Overall, the whole evening was a really rewarding experience to be part of. It was fantastic to share in a celebration of the great work going on in the third/charitable sector in Manchester. Our team found the stories about the brilliant work of dedicated and courageous individuals and organisations incredibly inspiring. The videos and speeches were really well done and the whole evening was very enjoyable.”

