



MANCHESTER CARES

#AloneTogether **June 2020: Daily Activities**

Monday 1st June

On this day in 1935, the compulsory driving test was introduced for drivers in England.

Task: Share with us your experiences of car journeys and road trips. Did you learn to drive? Did you pass first time? What was your first car and where did you go in it?

Submitted by volunteers from Fried Frank

Tuesday 2nd June

Limericks are short, funny poems – five lines long. The ends of the first, second and fifth lines rhyme with one another, whilst the ends of lines the third and fourth lines rhyme with each other.

*There was a young lady of Lynn,
Who was so uncommonly thin
That when she essayed
To drink lemonade
She slipped through the straw and fell in.*

Task: Tell us your favourite limerick, or even better, create your own! Ring someone up and share yours to put a smile on their face.

Wednesday 3rd June

In the UK, our acrobatic flight team the Red Arrows have staged impressive air shows around the country, including in celebration of VE Day last month.

Task: If you could fly a jet, what would your flight team be called, and what would the signature move be?

Submitted by Johanna, Development Manager at South London Cares

Thursday 4th June

Did you know that on this date in 1070 (yes, that's right, 1070!) Roquefort cheese was created in a cave near Roquefort, France?

Task: What's your favourite cheese? Tell us your best recipes for your cheesiest dish!

Submitted by volunteers from Fried Frank



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Friday 5th June

Happy World Environment Day! Did you know that the global lockdown has resulted in the air becoming significantly cleaner throughout the world? In fact, citizens in Northern India are seeing the Himalayan mountains for the first time in their lives due to the drop in air pollution.

Task: Tell us one good thing to have come out of lockdown. It might be something kind someone has done for you, or that you've done for someone else, or even something good you've heard on the news.

Submitted by volunteers from Fried Frank

Saturday 6th June

Today is Gardening Exercise Day... they've got a day for everything nowadays.

Task: We'd love to see your horticultural skills! Send us a photo of your favourite plant or flower that you've grown. If you're not a keen gardener, draw a picture of your dream flower.

Sunday 7th June

On this day in 1974, the famous British adventurer, Bear Grylls was born.

Task: If you were stranded alone on a desert island for a month, which five items would you take with you to survive? They could be practical items, or just home comforts!

Monday 8th June

Today in 1984, the film Ghostbusters, starring Bill Murrery and Dan Aykroyd, was released. Since then, the Ghostbusters costumes have become a very popular fancy-dress option for Halloween parties.

Task: What's the most extravagant and creative fancy dress outfit that you've worn? We'd love to see your photos!

Submitted by volunteers from Fried Frank



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Tuesday 9th June

Were you a tearaway teenager or a teacher's pet? Do you wish you'd worked harder or played more?

Task: Write a letter to your 15 year old self! What advice and words of wisdom would you give to yourself?

Wednesday 10th June

Mastermind is a much loved TV Quiz show, where contestants choose a specialist subject to be quizzed on in the big black chair.

Task: If you were a contestant on Mastermind, what would your specialist subject be? Tell us an interesting fact that we wouldn't know about your topic.

Thursday 11th June

Many famous artists celebrate their birthdays in June, including Damien Hirst (7th), Egon Schiele (12th), M. C. Escher (17th) and John Constable (today!)

Task: Recreate a famous painting that you love but with your own unique style. It might be a mosaic of the Mona Lisa, a pencil sketch of Van Gogh's The Starry Night, or you might even dress up to look like a Girl with a Pearl Earring!

Friday 12th June

Parties are perfect opportunities to celebrate with friends and mark milestones.

Task: Plan a children's party! What was the best birthday party you had as a child? What made it so good? You could create a playlist, write a list of games to play or plan the party food!

Saturday 13th June

According to the nursery rhyme, girls are made from sugar and spice and all things nice, whilst boys are made from snips and snails and puppy dog tails...

Task: What ingredients would make you? A sprinkle of charm and a dollop of dashing? A good glug of wine and a kilo of book? Write and decorate a recipe to make you!

Sunday 14th June

A shrine is a holy or sacred place that is dedicated to a god, ancestor or hero, where worshippers go to pay respect.



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Task: Create your own shrine at home, dedicated to someone you admire or something you love.

Monday 15th June

Today in 1983, the first episode of Blackadder was aired. Starring Rowan Atkinson and Tony Robinson, each series was set in a different historical time period.

Task: If you could go back to any era in history, when would you go back to and why?

Tuesday 16th June

On this day in 1978, the musical movie Grease was first released, starring John Travolta and Olivia Newton-John.

Task: Tell us about your favourite musical! Why do you like it so much and what's your favourite song from it?

Submitted by Sue, volunteer at North London Cares

Wednesday 17th June

Today in 1631, Mumtaz Mahal sadly died during childbirth. Her husband, Mughal emperor Shah Jahan I, spent the next 17 years building her mausoleum. Do you know what it's called? It is indeed the "Taj Mahal".

Task: Tell us more about your favourite landmark from around the world and give us your best drawing of it!

Submitted by volunteers from Fried Frank

Thursday 18th June

Happy birthday, Sir Paul McCartney!

Task: What's your favourite Beatles song? What are your memories of The Beatles?

Submitted by Sylvia, 74, from Liverpool Cares

Friday 19th June

We all partake in different traditions and celebrations - be they religious, cultural or personal.



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Task: Tell us about your favourite thing to celebrate! It might be Diwali, Eid, Christmas or your birthday. Why is that celebration so important to you? How do you celebrate?

Saturday 20th June

Today is Summer Solstice – the longest day of the year (for us in the northern hemisphere anyway!). Many cultures use this special day as a chance to reconnect with the natural world.

Task: Look out of your window for 10 minutes, and then describe all the natural things that you can see. What colour is the sky? Can you see any trees? Are there any squirrels playing on the branches? Have any birds flown past?

Submitted by Rosa from East London Cares

Sunday 21st June

Did you know that on this day back in 2006, two newly discovered moons orbiting Pluto were named Nix and Hydra?

Task: Create your very own planet! We'd love to see:

- A drawing of your newly formed planet
- A unique name for your planet
- 5 rules / laws that you believe have to be adhered to on your planet

Submitted by volunteers from Fried Frank

Monday 22nd June

Today, in 1871, puzzle maker Arthur Wynne was born, most well-known for inventing the crossword. Originally called "Word-Cross Puzzle", due to a typesetting error it was called a "Cross-Word" and the name stuck.

Task: Create your own crossword! Perhaps you can give it a theme, like "Places I like to visit" or "My favourite things to eat".

Tuesday 23rd June

Music has the power to get us through some difficult times.

Task: If you were in a band, what would you be called? What type of music would you play? Would you be the singer or play an instrument?



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Wednesday 24th June

We can't get out and about to do all the things we normally enjoy at the moment, but we hope it won't be long before we can.

Task: Write about your perfect day! What time do you wake up, what do you eat, who do you spend it with and what do you do?

Thursday 25th June

Today in 1903, English novelist and essayist George Orwell was born. Orwell is most famous for his novella *Animal Farm*, and the dystopian novel *Nineteen Eighty-Four*, in which he envisioned a future world.

Task: Imagine it is the year 2060. What's different about the world? Are things better or worse? What new technology have we created?

Friday 26th June

Films are a great way to pass the time during lockdown.

Task: Share the films that helped shape you! What is...

- The first film you remember seeing?
- The film that made you laugh the most?
- The film that means the most to you?
- The film that you'll never get bored of seeing?

Submitted by Rob, Development Coordinator at Manchester Cares

Saturday 27th June

Many new parents are having to face the lockdown without the support of families and friends - with grandparents meeting their grandchildren for the first time over Zoom!

Task: What advice would you give a new parent? It may be based on bringing up your own children, or something you loved about your own parents.

Submitted by Shula, Mum and 3G Project Coordinator

Sunday 28th June

Many of us are returning to our favourite films and books as a source of comfort, laughter and warmth during these difficult times.



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Task: Illustrate a scene or character from your favourite book or film!

Monday 29th June

Did you know that on this day back in 1613, Shakespeare's Globe Theatre in London burnt down during a performance of "Henry VIII"?

Task: If you were casting a movie or a theatre show based on your life, which actor/actress would you cast to play you and why?

Submitted by volunteers from Fried Frank

Tuesday 30th June

Glastonbury isn't going ahead this year, but that doesn't mean we can't have a Glastonbury of our own.

Task: Put on your favourite record or radio station and have yourself a little dance. Feel free to dress up in your most spangly clothes!

Submitted by Laura, Head of Programmes at Manchester Cares